



Te Reanga Childcare

NAPPY CHANGING AND TOILETING POLICY

RATIONALE

Children will develop self-help and care skills for toilet, washing and dressing. Parents needs and expectations will be met to the best ability of the teachers. Teachers and parents will work together to meet each child's individual development needs.

PURPOSE

- To ensure children develop positive attitudes towards toileting and their bodies.
- To ensure children develop an increasing understanding of their bodies and how they function.
- To ensure that teachers meet physical and emotional needs linked to toileting and nappy changing.
- To ensure hygiene is maintained at a high standard.
- To work alongside parents and maintain consistency between the centre and home environments

GUIDELINES

- Authorised teachers will be responsible for toileting throughout the day. (See toileting authorised teachers list). One teachers member will be assigned responsibility for toileting each day via the over two's teachers roster 'C' or Balance person.
- Checking will be done discretely by taking the child to the bathroom. If unable to take the child to the bathroom, teachers may feel the child's nappy discretely.
- Bowel motions will be changed immediately.
- Toileting and nappy checks will be carried out at 2 hourly intervals throughout the day. Toileting process will include asking, reminding, or taking the children to the toilet.
- Toileting is a one-to-one educational experience used to promote awareness of the body and its functions. At busy times children may be taken in small groups.
- Children will be cleansed with a wet or disposable wipe whether they are soiled or wet.
- A cream will be applied, with parent's permission via medical register, when teachers deem it necessary e.g. in the case of redness or rash.
- Teachers will wear disposable gloves (new pair for each child) and wash their hands in between each nappy change or assisting children with toileting.
- Solid waste will be disposed of in the toilet. Blue nappy bags will be used where waste is not solid enough.
- Changing mats will be sanitised in between each nappy change using disinfectant spray.
- Children will not be left unattended our out of arms reach at any point while on the changing benches
- Teachers are responsible for ensuring every child flushes the toilet, washes and dries their hands after toileting.
- Nappies will be hygienically disposed of into a nappy bin and out of reach of children. This is supplied and emptied by contractors.
- Cloth nappies will be rinsed and scrubbed in the laundry tub if necessary then soaked in buckets in the laundry area which is out of bounds for all children.
- Any concerns or positive achievements will be reported to the parents.



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- A written record of checks and changes and timing will be kept during the day. These will be displayed in the changing room for under two's and on the wall above the hand basins in the over two's toileting area.

PROCEDURE FOR INTRODUCING TOILET TRAINING

- Parents will be given a copy of this policy for their own reference.
- If teachers feel that a child may be ready to begin toilet training they will speak to the parents at this point. If the parent is comfortable with the idea of beginning toileting then strategies will be set in place. Parents are expected to follow these through at home also may be:
 - The child is showing interest in going to the toilet but not quite ready the teachers may try the child on the toilet each nappy change
 - If teachers and parent/caregivers agree to try toilet training then the parent will provide several complete changes of clothes including shoes.
 - Teachers will support the parents with toilet training by following through, sharing ideas and advice.
 - Parents must be committed to follow through at home or the child will become very confused and this will impact negatively on the progression of toileting. The child will be toileted according to the guidelines.
 - Teachers will encourage and praise the child throughout the toileting process. Stamps or stickers may be used as rewards for sitting on the toilet or being successful with toileting.
 - Children will not be forced to sit on the toilet. If the child becomes emotional distressed then teachers will stop toileting the child and contact parents to discuss what will happen next.
 - If there is a point which teachers feel the child is not physically or emotionally ready or that toileting is becoming a negative experience teachers will speak to parents and suggest that the child be placed back into nappies and tried at a later time.

MANAGEMENT REPRESENTATIVE

Related policy: Child abuse